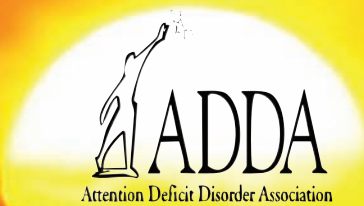


ADDA 13th National Conference

Adult AD/HD: People, Purpose & Passion
“PATHWAYS FOR SUCCESS”



July 10 – 13, 2008 • Hyatt Regency Minneapolis • Minneapolis, Minnesota



WELCOME



As Co-chairs of the 2008 ADDA Conference, it is our pleasure to invite you to join us in Minneapolis, Minnesota as we celebrate “**Adult AD/HD: People, Purpose & Passion – Pathways for Success.**” This 13th national conference will be held at the Hyatt Regency Minneapolis on July 10–13, 2008. We are very proud and excited to offer you the most up-to-date, comprehensive program addressing current issues facing adults with AD/HD.

Many participants have said that attending an ADDA conference for the first time was a “life-changing experience” for them. There is no other conference where the opportunity to network is so convenient and produces such lasting friendships. In this atmosphere you can connect with people who face many of the challenges of living with AD/HD, as well as interact with the outstanding professionals and presenters we have selected.

In addition to providing you with the latest best practices of AD/HD, the conference is further enriched and balanced with exciting (or hot) topics such as:

- Medical Management
- Science and Research
- Psychological Treatment
- Workplace and Career Issues
- Life Skills
- Family and Relationship Issues
- Non-Ad/HD Spouses
- Time Management and Organization
- Women’s and Men’s Issues
- Coaching

Along with the conference committee, Association Headquarters (AH) staff has worked hard to put together a comprehensive program with expert speakers unparalleled in the field of adult AD/HD. This is truly a conference where people of differing interests and backgrounds can be empowered to learn more and to share in a wealth of current ideas and information. On behalf of the conference committee, the ADDA Board and the AH Management team, we encourage you to attend this rewarding conference. We look forward to seeing you in Minneapolis!

Sincerely,

Beverly Rohman

Mary Jane Johnson

2008 Conference Planning Committee Co-Chairs



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Gail Valente



BENEFITS TO ATTENDEES

AD/HD is a disorder affecting millions of people worldwide. With the proper resources, adults with AD/HD can thrive in their daily activities. Your participation in the 13th National ADDA Conference, **Adult AD/HD: People, Purpose & Passion – Pathways for Success**, is greatly encouraged as the program promises to benefit adults with AD/HD and their families, as well as healthcare professionals, coaches, etc.

Program highlights include:

- Superb networking opportunities
- Quality education forum
- Unique peer-to-peer interaction

Conference Registration includes:

- Admission to all presentations on Thursday evening through Sunday at 1:00 PM
- Conference Program Book
- Welcome Reception (Thursday evening)



CONFERENCE PROGRAM



Please go to www.addameeting.com for most current program.

Note: Sessions and/or conference schedule are subject to change.

[key: general audience=GA; professional=P; coach=C]

THURSDAY, JULY 10, 2008

12:00 PM – 5:00 PM	Exhibitor Set-Up
4:00 PM – 9:00 PM	Conference Registration Open
5:30 PM – 7:00 PM	“Present the Presenters” and “Orientation to the Conference”
7:00 PM – 9:00 PM	Welcome Reception in Exhibit Hall

FRIDAY, JULY 11, 2008

7:00 AM – 5:00 PM	Registration Open	
7:30 AM – 8:30 AM	Continental Breakfast	
8:00 AM – 5:00 PM	Exhibits Open	
8:30 AM – 10:00 AM	Keynote Presentation: K08-1 A “Whole” New View of Success – Aiming for Wholeness Instead of Perfection <i>Presented by Sari Solden, MS, LMFT</i>	
10:00 AM – 10:30 AM	Coffee Break	
10:30 AM – 12:00 PM	Breakout Sessions:	
B08-1	Medical Management of AD/HD [GA, P]	Stephen Copps, MD
B08-2	Dads with AD/HD [GA]	Terry Dickson, MD
B08-3	Overcoming the Chronic Overwhelm Associated with AD/HD [GA]	Jennifer Koretsky
B08-4	Help! I’m Married to Someone with AD/HD [GA]	Susan Tschudi
B08-5	AD/HD and Addictive Behavior [GA, P]	Regine Pfeiffer & Joel Lamoure
B08-6	Alphabet Soup: Decode Coaching Credentials and Find the Perfect Coach for You! [GA]	Laurie Dupar
12:00 PM – 1:30 PM	Lunch on your own	
1:30 PM – 3:00 PM	Breakout Sessions:	
B08-7	Dancing with the Octopus – A Multidisciplinary Team Work in Adult AD/HD [P]	Avraham Yakir, MD
B08-8	College Panel #1 [GA]	Caroline Ragano Maeve O’Donovan, PhD Kathleen Winkelhake Michael Sandler
B08-9	AD/HD and the Criminal Justice System [GA, P]	Robert Eme, PhD & Patrick J. Hurley
B08-10	AD/HD is an Explanation Not An Excuse [GA]	Ari Tuckman, Psy.D
B08-11	Fears, Tears & Cheers: Working Through an AD/HD Relationship Together [GA]	Denise Davis
B08-12	Self-Coaching Strategies for Adults with AD/HD [GA, C]	Nancy Ratey
3:00 PM – 3:30 PM	Afternoon Break	
3:30 PM – 5:00 PM	Breakout Sessions:	
B08-13	AD/HD Over 45: The Final Frontier [P]	Martin Wetzel, MD
B08-14	Coaching Consciousness through Mind Pictures: How to Turn Resistance into an Ally for Change [C]	Chana Klein
B08-15	AD/HD at Work [GA, P]	Michael Anderson
B08-16	AD/HD: Who You Gonna Call? Voc Rehab! [GA, P]	Frank Potter
B08-17	Toolkit for Creating Desired Change [GA]	Linda Anderson
B08-18	Understanding the Impact of AD/HD and Executive Function Deficits on Learning and Behavior [GA, P]	Chris Dendy
6:30 PM – 8:00 PM	Dinner (optional)	
8:00 PM – conclusion	ADDA Talent Show (open sign-up)	

SATURDAY, JULY 12, 2008

7:00 AM – 5:00 PM	Registration Open	
7:30 AM – 8:30 AM	Continental Breakfast	
8:00 AM – 5:00 PM	Exhibits Open	
8:45 AM – 10:15 AM	Keynote Presentation: K08-2 Unwrapping the Gifts of the Mind <i>Presented by: Ned Hallowell, MD</i>	
10:15 AM – 10:45 AM	Coffee Break	
10:45 AM – 12:15 PM	Breakout Sessions:	
B08-19	YOUR NEW WORLD – How to Have a Positive Experience with Medication Treatment for AD/HD [P]	Craig Liden, MD
B08-20	AD/HD Grown Up [GA, P]	Joel Young, MD
B08-21	Organizing the Professional [GA, P]	Becky Esker
B08-22	College Panel #2 [GA]	Fran Parker Elaine Gorr Elizabeth Heiney Gary Johnson, PhD
B08-23	Applying Emotional Freedom Technique for ADD Anxiety, Overwhelm and Rumination [C]	Barbara Luther
B08-24	Adult AD/HD Support 2.0 [GA]	Tara McGillicuddy
12:15 PM – 1:30 PM	Lunch On Your Own	
1:45 PM – 3:15 PM	Breakout Sessions:	
B08-25	Evaluating Adult AD/HD [P]	Gary Johnson, PhD
B08-26	Why am I Always Angry? [GA]	Steven Peer
B08-27	From Perceptions to Office Politics: Managing the Pitfalls of Work [GA, P]	Bonnie Mincu
B08-28	Keep Your Head in the Clouds [GA]	Michael Sandler
B08-29	Time Management from the Inside Out: How Having AD/HD and Executive Dysfunction Require a Different Approach to Learning Time Management Skills [GA]	Daniel Pruitt
B08-30	Successfully Navigating the Turbulent Waves of Your AD/HD [C]	David Giwerc
3:15 PM – 3:45 PM	Afternoon Break	
3:45 PM – 5:15 PM	Breakout Sessions:	
B08-31	How Neuroscience Provides an Effective Drug-Free Treatment for AD/HD [P]	James Kowal, PhD
B08-32	Getting Up Again – Fostering Hope & Resiliency [GA, P]	Ken Traen
B08-33	Workplace Productivity [GA, P]	Victoria Ball
B08-34	Breaking Free From the Pursuit of Perfection – A Conversation Between Sari Solden and Women with AD/HD [GA]	Sari Solden
B08-35	Living & Thriving with AD/HD [GA]	Evelyn Polk Green
B08-36	A Coach's Dream: Eliminating Academic Agony [C]	Chris Dendy

SUNDAY, JULY 13, 2008

7:00 AM – 12:00 PM	Registration Open	
7:30 AM – 8:30 AM	Continental Breakfast	
8:00 AM – 12:00 PM	Exhibits Open	
8:30 AM – 9:30 AM	Open Business Meeting (optional)	
9:30 AM – 11:00 AM	Breakout Sessions:	
B08-37	Medication Treatment for AD/HD in Adults [P]	Philip Parker, MD
B08-38	Is it Hot in Here or is it Just Me? A Common Sense Guide for ADDivas 40 and better! [GA]	Linda Roggli
B08-39	Pillow Talk: Sleeping with AD/HD [GA]	Laurie Dupar
B08-40	Mindfulness Meditation for AD/HD [GA]	Katherine Wolfe
B08-41	Three Secret Weapons Let You Win the War Against Procrastination [GA]	Linda Walker
B08-42	Surprising Outcomes from the "First" ADHD Coaching Study on Adults with AD/HD [GA, C]	Joyce Kubic
11:00 AM – 11:30 AM	Coffee Break	
11:30 AM – 1:00 PM	Closing Grand Finale - featuring John Ratey, MD K08-3 – Keynote Presentation That SPARK for Success	

CONFERENCE ACTIVITIES



Thursday Night “Present the Presenters” and “Orientation to the Conference”

This general session will provide attendees with an introduction to conference presenters as well as a “What to Expect...” discussion.

Friday Evening Dinner Theater

Again this year, plan to join us for a combined dinner and talent show format on Friday evening beginning at 6:30 pm. Tickets for the dinner and show are available for sale at \$65 per person in advance. Tickets will also be available on-site on a space available basis until noon on Friday, July 11th for \$75 per person. Please check the ADDA Conference site at www.addameeting.com for updates on this event, or to sign up for a time slot and show us your talent!

Thursday Night Welcome Reception

Join us Thursday evening from 7:00 – 9:00 PM for light refreshments as we open the 2008 conference. This is a great time to reconnect with old friends and make new ones.

Friday and Saturday Evening Free Time

Sessions will conclude by 5:15 PM on Friday and Saturday to allow for free time. Please take advantage of all that Minneapolis has to offer including: fabulous shopping, dining and entertainment. For further information on Minneapolis attractions and activities visit: <http://www.minneapolis.org/thingstodo>. Or visit the concierge desk while on site at the Hyatt Regency Minneapolis.

For additional conference information, please visit the Conference Website at www.addameeting.com.

CONTINUING EDUCATION

Satisfactory completion: Participants must have paid tuition fee and completed an online Attendance/Evaluation form in order to receive a continuing education certificate. Participants not fulfilling these requirements will not receive a certificate. Failure to complete the online Attendance/Evaluation form will result in forfeiture of credit for the entire conference. No exceptions can be made. Partial credit of individual sessions is not available. Certificates are available immediately after completing the online form.

ADA accommodations will be made in accordance with the law. If you desire ADA accommodations, please indicate what your needs are at the time of registration. Amedco, LLC and the International Center for the Study of Psychiatry and Psychology cannot ensure the availability of appropriate accommodations without prior notification.

Psychologists:

This course is co-sponsored by Amedco and ADDA. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. Maximum of 15.0 hours.

Professional Counselors:

This program is co-sponsored by Amedco and ADDA. Amedco is recognized by the National Board for Certified Counselors to offer continuing education for certified counselors. We adhere to NBCC continuing education guidelines. Provider #5633. Maximum of 15.0 hours.

Social Workers:

This course is co-sponsored by R. Cassidy Seminars and ADDA. R. Cassidy Seminars, ASWB provider #1082, is approved as a provider for continuing education by the Association of Social Work Boards, www.aswb.org, phone: 1-800-225-6880) through the Approved Education (ACE) program. R. Cassidy Seminars maintains responsibility for the program. Social workers should contact their regulatory board to determine course approval. Social workers will receive up to 15.0 continuing education clock hours for participating in this course.

California Board of Behavioral Sciences (California MFT's/LCSW's):

This course is co-sponsored by Amedco and ADDA. Course meets the qualifications for up to 15.0 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences, Provider #PCE875.



REGISTRATION OPTIONS



3 WAYS TO REGISTER:

- **ONLINE** - Register online at www.addameeting.com
- **FAX** - Complete the enclosed registration form and fax with payment information to (856)439-0525
- **MAIL** - Complete the enclosed registration form and mail with payment information to ADDA, 15000 Commerce Parkway, Suite C, Mount Laurel, NJ 08054 USA.

MEETING VENUE AND ACCOMMODATIONS

Hyatt Regency Minneapolis
1300 Nicollet Mall
Minneapolis, Minnesota 55403
Tel: (612) 370-1234
Fax: (612) 370-1463
<http://www.minneapolis.hyatt.com/hyatt/hotels/index.jsp>

Experience the premier luxury of Hyatt Regency Minneapolis. The only Four-Diamond convention center hotel in downtown Minneapolis – as well as the closest – our extensive business facilities, renowned dining, and exciting new health club offer all you need for a memorable stay. Relax in the largest guestroom of any hotel in downtown Minneapolis, with enchanting views of the city and sights. Sample some of the finest cuisine in town. Our prime location on Nicollet Mall lets you easily explore an incredible array of Twin Cities' attractions, from shopping to sports and anything in between. No matter if your visit is for business or fun, you'll discover we are the outstanding choice among Minneapolis, Minnesota hotels.

All reservations must be made directly with the Hyatt Regency Minneapolis, as a special room rate has been negotiated for this conference. Please call 1-800-233-1234 to make reservations. Please mention the 2008 ADDA Conference when reserving your room to be sure you receive the conference rate of \$139.00 per night plus tax.

Accommodation Deadline: The deadline for reserving accommodations is June 19, 2008. Reservations made after June 19 will be subject to availability, and are not guaranteed at the conference rate.

Registration Cancellations: Cancellations prior to June 23, 2008 will be refunded the full registration fee (minus a processing fee of \$25.00). Cancellations on or after June 23, 2008 will forfeit the full registration fees.





Attention Deficit Disorder Association

Helping Adults with AD/HD Lead Better Lives

REGISTRATION FORM

ADDA 13th National Conference

Adult AD/HD: People, Purpose & Passion ■ "Pathways for Success"
July 10-13, 2008 ■ Hyatt Regency Minneapolis ■ Minneapolis, Minnesota



Registration:

- I am an ADDA Member
- I am not an ADDA Member, I have completed the membership section and I am registering as a Member at reduced registration rates (Membership Section Must be Completed and Membership Dues Must be Included)
- I am not an ADDA Member and will register as a non-member

Registrant Information:

Name: _____
 Company (if applicable): _____
 Address: _____
 City: _____ State: _____ Zip: _____ Country: _____
 Identify the above address: Work Home
 Phone: _____ Work Home
 Email: _____ Work Home

Tell us about yourself! Please check all that apply:

- Adult with AD/HD
- Teen or Adolescent with AD/HD
- Parent of AD/HD Child
- Spouse/Significant other AD/HD Adult
- Physician
- Teacher or School Administrator
- Psychologist
- AD/HD Coach
- Other Treatment Professional
- Other _____

How did you hear about this event?

- Colleague
- Flyer/Poster
- Local Support Group
- School or Educational Institution
- Internet
- Attended Previous Year
- Received an Email
- Other _____

Regular Registration Fees (April 1st – June 23rd): Please select one of the following:

Full Day Conference:

- ADDA Member \$349
- Non-Member \$399
- Student \$199

- Friday Night Dinner \$65
Advanced Purchase
- Continuing Education \$50
- \$ _____

Two Days Only:

- ADDA Member \$299
- Non-Member \$349
- Student \$140

Please note which days:

One Day Only:

- ADDA Member \$199
- Non-Member \$249
- Student \$90

Please note which days:

TOTAL DUE \$ _____

Membership Application: Annual Membership Dues: (Please check one)

- \$45 Individual Membership
- \$55 Family Membership (members of immediate family and/or same household)
- \$150 Professional Membership

TOTAL DUE \$ _____

Payment Information: Make checks payable to ADDA or pay via credit card. Do not send cash!

- Check (U.S. Funds Only)

Charge my Visa MasterCard American Express

Credit card number _____ Expiration ____/____

Cardholder Name _____ Signature _____

TOTAL ENCLOSED \$ _____

Registration Fee (and Membership Fee if applicable)

Cancellation Policy: Cancellations received by June 20, 2008 will receive a full refund minus \$25 USD. No refunds will be available after that time.



Mail or fax this form with your payment information to:

ADDA Registration Coordinator, 15000 Commerce Parkway, Suite C, Mount Laurel, NJ 08054,
Phone: 856-439-0500 ext. 4429, Fax: 856-439-0525. Register online at www.add.org